

MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Volleyball Open Gym - 1:30 - 4:15pm Youth Open Gym - 4:30 - 6:30pm For Ages 12-17	2 Walking Club - 11:15am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Basketball Open Gym - 6:15 -9:00pm Adult Softball Meeting (CR) - 6:30 - 7:30pm	3 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Super Soul Fitness - 5:15 - 6:15pm SharQui - 5:30 - 6:30pm (CR) Open Gym - 6:15 - 9:00pm	4 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Booty Jam - 5:15 - 6:15pm Basketball Open Gym - 6:15 - 9:00pm	5 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:15 - 9:00pm	6 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	7 CLOSED
8 Volleyball Open Gym - 1:30 - 4:15pm Youth Open Gym - 4:30 - 6:30pm For Ages 12-17	9 Walking Club - 11:15am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Basketball Open Gym - 6:15 -9:00pm	10 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Super Soul Fitness - 5:15 - 6:15pm SharQui - 5:30 - 6:30pm (CR) Dodgeball Tournament - 6:30 - 9:00pm	11 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Booty Jam - 5:15 - 6:15pm Basketball Open Gym - 6:15 - 9:00pm	12 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:15 - 9:00pm	13 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	14 CLOSED
15 Volleyball Open Gym - 1:30 - 4:15pm Youth Open Gym - 4:30 - 6:30pm For Ages 12-17	16 Walking Club - 11:15am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Basketball Open Gym - 6:15 -9:00pm	17 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Homeschool Group - 1:30- 2:30pm Open Gym - 2:30 - 5:15pm Super Soul Fitness - 5:15 - 6:15pm SharQui - 5:30 - 6:30pm (CR) Open Gym - 6:15 - 9:00pm	18 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Booty Jam - 5:15 - 6:15pm Basketball Open Gym - 6:15 - 9:00pm	19 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:15 - 9:00pm	20 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	21 CLOSED
22 Volleyball Open Gym - 1:30 - 4:15pm Youth Open Gym - 4:30 - 6:30pm For Ages 12-17	23 Walking Club - 11:15am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Basketball Open Gym - 6:15 -9:00pm	24 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Homeschool Group - 1:30- 2:30pm Open Gym - 2:30 - 5:15pm Super Soul Fitness - 5:15 - 6:15pm SharQui - 5:30 - 6:30pm (CR) Open Gym - 6:15 - 9:00pm	25 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm Booty Jam - 5:15 - 6:15pm Basketball Open Gym - 6:15 - 9:00pm	26 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:00pm Mid-East Dance - 5:15 - 6:15pm (CR) SharQui - 6:15 - 7:15pm (CR) Volleyball Open Gym - 6:15 - 9:00pm	27 Walking Club - 11:15am - 12:00pm Chair Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 5:15pm	28 CLOSED
29 Volleyball Open Gym - 1:30 - 4:15pm Youth Open Gym - 4:30 - 6:30pm For Ages 12-17	30 Walking Club - 11:15am - 12:00pm Chair Chi Yoga - 12:15 - 1:00pm Open Gym - 2:30 - 6:15pm Basketball Open Gym - 6:15 -9:00pm	31 Sculpt and Tone - 10:45 - 11:15am Mat Yoga - 11:20am - 12:05pm Chair Yoga - 12:15 - 1:00pm Homeschool Group - 1:30- 2:30pm Open Gym - 2:30 - 5:15pm Super Soul Fitness - 5:15 - 6:15pm SharQui - 5:30 - 6:30pm (CR) Open Gym - 6:15 - 9:00pm				

FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT
www.paducahky.gov/parks-recreation-department
 PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE
 EARLY DUE TO LACK OF PARTICIPATION.