PADUCAH RECREATION CENTER

5:15pm

EMBER 2020

SharQui - 5:30 - 6:15pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 CLOSED	31 CLOSED	1 CLOSED	2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED
6 CLOSED	7 CLOSED - LABOR DAY	8 Mat Yoga - 11:45am - 12:30pm SharQui - 5:30 - 6:15pm	9 Chair Yoga - 12:15 - 1:00pm Booty Jam - 5:15 - 6:00pm Performance Troupe - 6:30 - 7:30pm	10 Mat Yoga - 11:45am - 12:30pm Mid-East Dance - 5:15 - 6:00pm SharQui - 6:15 - 7:00pm	11	12 CLOSED
13 CLOSED	14 Chair Yoga - 12:15 - 1:00pm Super Soul Fitness - 4:30 - 5:15pm	15 Mat Yoga - 11:45am - 12:30pm SharQui - 5:30 - 6:15pm	16 Chair Yoga - 12:15 - 1:00pm Booty Jam - 5:15 - 6:00pm Performance Troupe - 6:30 - 7:30pm	17 Mat Yoga - 11:45am - 12:30pm Mid-East Dance - 5:15 - 6:00pm SharQui - 6:15 - 7:00pm	18	19 CLOSED
20 CLOSED	21 Chair Yoga - 12:15 - 1:00pm Super Soul Fitness - 4:30 - 5:15pm	22 Mat Yoga - 11:45am - 12:30pm SharQui - 5:30 - 6:15pm	23 Chair Yoga - 12:15 - 1:00pm Booty Jam - 5:15 - 6:00pm Performance Troupe - 6:30 - 7:30pm	24 Mat Yoga - 11:45am - 12:30pm Mid-East Dance - 5:15 - 6:00pm SharQui - 6:15 - 7:00pm	25	26 CLOSED
27 CLOSED	28 Chair Yoga - 12:15 - 1:00pm Super Soul Fitness - 4:30 -	29 Mat Yoga - 11:45am - 12:30pm	30 Chair Yoga - 12:15 - 1:00pm Booty Jam - 5:15 - 6:00pm	FOR MORE II	NFO PLEASE CALL 270-444-850	8 OR VISIT

Booty Jam - 5:15 - 6:00pm

7:30pm

Performance Troupe - 6:30 -

FOR MORE INFO PLEASE CALL 270-444-8508 OR VISIT www.paducahky.gov/parks-recreation-department PADUCAH RECREATION CENTER RESERVES THE RIGHT TO CLOSE EARLY DUE TO LACK OF PARTICIPATION.