VIRTUAL FITNESS on Facebook LIVE

June 2020

Tuesday	Wednesday	Thursday
2	3	4
Super Soul Fitness: 4:30 p.m.	Sculpt & Tone: 11:00 a.m. Chair Yoga: 11:30 a.m. Booty Jam: 5:15 p.m.	Mid-East Dance: 3:00 p.m. SharQui: 4:15 p.m.
9	10	11
Super Soul Fitness: 4:30 p.m.	Booty Jam: 5:15 p.m.	Mid-East Dance: 3:00 p.m. SharQui: 4:15 p.m.
16	17	18
Super Soul Fitness: 4:30 p.m.	Sculpt & Tone: 11:00 a.m. Chair Yoga: 11:30 a.m. Booty Jam: 5:15 p.m.	Mid-East Dance: 3:00 p.m. SharQui: 4:15 p.m.
23	24	25
Super Soul Fitness: 4:30 p.m.	Sculpt & Tone: 11:00 a.m. Chair Yoga: 11:30 a.m. Booty Jam: 5:15 p.m.	Mid-East Dance: 3:00 p.m. SharQui: 4:15 p.m.
30		
Super Soul Fitness: 4:30 p.m.		