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## **Disc Golf Rules for Recreational Play at Stuart Nelson Park**

### **GENERAL**

Disc Golf is played like ball golf using a flying disc. One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score.

### **TEE THROWS**

Tee throws must be completed within the designated concrete tee area. Do not throw until the players in front of you are out of range.

### **LIE**

The spot where the previous throw has landed, mark with a mini disc or turn over the thrown disc, directly towards the hole.

### **THROWING ORDER**

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

### **FAIRWAY THROWS**

Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and a normal follow-through, after release, are allowed.

### **COMPLETION OF HOLE**

A disc that comes to rest in the Disc Pole Hole basket or chains constituted successful completion of that hole.

### **UN-PLAYABLE LIE**

Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie.

## **OUT OF BOUNDS**

A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds. Landing on or across paved or gravel roads, parking lots, walking trail, or fences are always out of bounds. Across the creek or in the creeks surrounded by water is out of bounds.

## **PENALTIES**

Recreational players will not be penalized for rule infractions. Other players will keep you honest. Advanced players will be penalized one stroke for an out of bounds throw.

## **COURSE COURTESY**

Please pick up trash and help new players play by the rules. You are the one that makes it work. By your example, Disc Golf will change your life and theirs too. Remember the most important rule: The one who had the most fun wins! Tee off & fly freely.